

## What should I tell my doctor?

To make the most of your visit, be specific about your symptoms and provide your doctor with other information that he or she would find useful. This is also the best time to ask questions. To facilitate your conversation with your healthcare professional, below are several suggestions for information that might be relevant to your visit. Please note this is not an exhaustive list of potentially relevant information.

The symptoms I am experiencing are:

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I've had these symptoms since:

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Other medicines I am currently taking are (prescription, over-the-counter and vitamins/nutritional supplements):

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What type of medicine is used to treat this condition?

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How does it work?

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What about side effects?

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Can therapy or support groups help?

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Other things your doctor may need to know:

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Remember that it's important to be open and honest with your doctor during the initial visit as well as the follow-up visits. Ask questions and express your thoughts. Give feedback about how your treatment is going, how you are feeling, whether you've been having side effects (be specific as to what they are), and whether you've been taking your medicine regularly.